

**MANAGEMENT STAFF**

Regional Property Manager	Louis Cummings
Property Manager	Aliyah Santiago
Assistant Property Manager	James Plair
Maintenance Supervisor	Alex Rosa
Maintenance Technician	Reggie Wilson
Maintenance Technician	Antonio Felix

**RESIDENT SERVICES STAFF**

Resident Services Coordinator	Mike Malone
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**IMPORTANT PHONE NUMBERS**

Management & Leasing Offices	(904) 641-2601
Management & Leasing FAX	(904) 641-2112
Resident Services Office	(904) 945-4593
Maintenance Emergencies	(904) 641-2601
Pinnacle— Corporate Office	(
Jax. Towing Company	(904) 474-0008
JEA (Electric and water)	(904) 665-6000
Bell-South (Service & repair)	1-888-757-6500
Comcast (Cable services)	(904) 374-8000
Memorial Hospital	(904) 399-6111
St. Luke's	(904)
Police/Fire/Rescue (Emergency)	911
Police (Non-emergency)	(904) 630-0500
Fire Department (Non-emergency)	(904) 630-0529

**MANAGEMENT OFFICE HOURS**

Monday – Friday	9:00 AM – 5:30 PM
Weekends	By appointment only
Holidays	Closed

**RESIDENT SERVICES OFFICE HOURS**

Monday – Friday	9:00 AM – 5:30 PM
Weekends	By appointment only
Holidays	Closed

**Cedars of Baymeadows**

*January 2008*



9801 Old Baymeadows Rd.  
 Jacksonville, FL 32256  
 Office #: 904-641-2601



**Operation Pathways**  
 AN AFFILIATE OF THE NHP FOUNDATION



The Brighten-Up After-School Holiday Party went very well. We served pizza and chips to approximately 20 kids from the community who are regularly participating in the After-School program. Due to the success we will be planning future activities and events for the children of Cedars of Baymeadows. If you are interested in participating or have suggestions for activities contact Mike Malone at 945-4593.

The Brighten-Up After-School program is on Holiday break until after the new year. If you are interested in enrolling your child stop by the office and pick up an information packet. We offer a free snack and homework assistance each week Monday through Thursday

First Time Home Buyers programs: If you are interested in becoming a home owner, First Time Home buyers programs are offered on a monthly basis through the Jacksonville Urban League and The Housing Partnership of Northeast Florida. For more information contact:  
Jax Urban League at 356-8336  
Housing Partnership at 398-4424

Welcome to all the new residents that have joined our community in the last month. We are happy to have you as neighbors and want to thank you for choosing Cedars of Baymeadows. We would also like to thank our existing residents for making Cedars of Baymeadows a great place to call home.

## ***Finally: Keep Your New Year's Resolutions***

As the flurry of 2008 surrounds us, that age-old tradition of forming our New Year's resolutions is once again here. We begin to reflect on this past year and think up resolutions for the next.

According to eDiets.com, a consumer diet website, about 30 percent of those making resolutions say they don't even keep them into February. From trying to lose weight to quitting smoking, it is *really tough* to keep these goals.

However, there are easy ways to increase the likelihood for success with your New Year's resolutions. Here's how:

### **1. Write 'Em Down**

With our busy lives, we have a lot to remember already. Writing down your goals will immediately better your chances for keeping them this year.

### **2. Set *Realistic* Goals**

Though we all try to aim high, it is more important to succeed. Make sure that your goals are reasonable and achievable.

### **Use Your Friends and Family as Support**

Your friends and family can be your best motivator for keeping your New Year's commitments. They'll be able to give you the support you need to achieve your goals.

### **4. Make a Plan**

Resolutions such as quitting smoking or fixing your finances are not simple goals—but a step-by-step plan will make the process much easier.

### **5. Remind Yourself**

Once your goals are set and a plan is arranged, think of ways to remind yourself. Post your goals on the bathroom mirror, the front door, or on your cell phone. Figure out what works best for you—and helps to keep you on the right track.

### **6. The Road May be Bumpy – But You CAN Do It**

Obstacles might arise—such as lacking enough time, money or resources to succeed with your New Year's resolution. Regardless of the challenges, by knowing what they are in advance you will better prepare to conquer them.

### **7. Celebrate Your Successes**

Don't wait until the end of the year to reward yourself—celebrate small successes as you work toward your larger goals!

# Winter

Find and circle all of the words that are hidden in the grid.

The words may be hidden in any direction.

R R L S E V O L G R L L O  
T S K N I T C A P S R W S  
I N D S T D L O C S S N E  
E A S T M E R F C E O P S  
O G K O E I R A L W T A S  
T G N O I E T C Z C S R L  
B O K B E T I T F Z L K E  
S B D Z E C S S E R I A C  
P O E E I D K T E N O L I  
O T L I L N I E O T S S B  
C S A M T S I R H C A G T  
S O T C O N N O F T Z K C  
S C A R F I G E L I A T S

BLIZZARD  
BOOTS  
CHRISTMAS  
COLD  
FREEZE  
FROST  
GLOVES

ICE  
ICICLES  
KNIT CAP  
MITTENS  
PARKA  
SCARF

SKATES  
SKIING  
SLED  
SLEET  
SNOW  
TOBOGGAN

## The Job Fair Career Marketplace January 08

**Tuesday January 08, 2008, 9:00am - 12:30pm**

**Location: WorkSource Gateway Center**

5000 Norwood Avenue, Suite 2, Jacksonville, FL 32208

Bring your Resume & Dress for Success!

Please call 904-798-9229 ext. 2212 for more information

## The Perfect Job Seminar

**Thursday January 10, 2008 , 9:00am - 2:00pm**

**Location: Southside WorkSource Center**

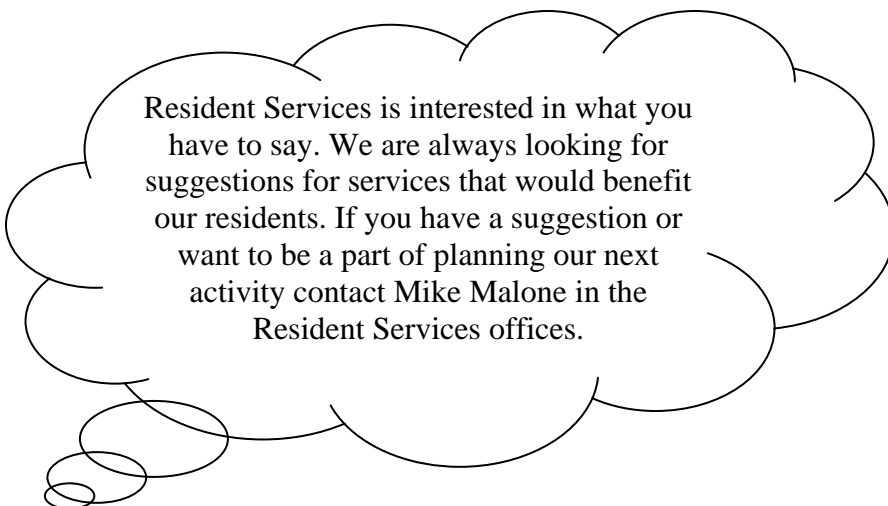
6800 Southpoint Pkwy #950, Jacksonville, FL, FL 32216

Bring your Resume,

This a training seminar, please make arrangements for childcare.

Business casual attire is requested. Dress for Success!

Do You Have the Tools to Find It? In just 1 day, you'll learn skills you need to help find your PERFECT JOB.



Resident Services is interested in what you have to say. We are always looking for suggestions for services that would benefit our residents. If you have a suggestion or want to be a part of planning our next activity contact Mike Malone in the Resident Services offices.

# January 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	31 Music City Bowl FSU vs. Kentucky ESPN 4pm	1 New Year's Day Capitol One Bowl Florida vs. Michigan ABC 1pm <b>RENT DUE</b>	2	3	4	5 Last day to pay rent with no late fees
6	7 BCS Championship LSU vs. Ohio State FOX 8pm	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Martin Luther King Jr.'s Birthday	22	23	24	25	26
27	28	29	30	31		